MIKE HATES HIS CPAP.  GWEN LOVES HER CPAP.

But, both of them use dental sleep appliances to get the most out of life.
Cuddling

Wearing a dental sleep appliance makes it easy to snuggle with your Honey. No hoses, mask, wires and noise.
Power Naps

Slip in a dental sleep appliance so people don’t stare at you through your glass-walled office. Invisible when you’re wearing it.
Family Camping

A CPAP mask would just make this outing crazy weird. Dental sleep appliances need no electricity and let you sleep on your stomach.
Long Flight

If you sleep on the airplane you have two options. #1 Don’t sleep or, #2 Fill the cabin with disgusting snoring and choking noises.

A dental sleep appliance prevents sleep apnea at all altitudes.
Her Turn to Drive

CPAP machines and road trips just don’t mix.
Simply slip in your dental sleep appliance
and tilt that seat back.
Hunting Shack

Deer hunting season means rustic weekend getaways. No electricity means no CPAP. Don’t worry, a dental sleep appliance doesn’t need electricity.
Scaredy Cats

Is your dog or cat afraid of your CPAP? They won’t even know you’re wearing a dental sleep appliance.
France? Denmark? Spain?

Who wants to haul their CPAP abroad just to find out they have the wrong plugin adapter? Your dental sleep appliance “plugs” into your mouth (no mouth adapter needed).
Grand Sleepovers

What will scare the grandkids more, your CPAP machine or your snoring, choking and gasping. A dental sleep appliance means no nightmares for little Suzie.
Hammocks

Let’s just say that if you get the opportunity to sleep in a hammock, whether on a Caribbean beach or just in your backyard, why ruin it with a CPAP machine?
One lifelong companion, one double-wide sleeping bag, a million stars overhead. Would you want to wear a CPAP here even if your tent DID have outlets in the wall?
Hey I Was Watching That

Do you like late-night sports shows or classic movies but you can’t seem to ever make it to the ending?

A dental sleep appliance won’t keep you awake but it WILL keep you from snoring, gasping and choking.
Cruise Snoozes

You don’t have to sneak off to an empty deck area to take your cruise snooze. A dental sleep appliance stops you from snoring, choking, and gasping as people stroll by you along the deck.
We hope that this montage of life’s situations has shown you how CPAP can hold you back from fully enjoying all aspects of your life.

If you haven’t connected with us yet, please call to arrange your free sleep apnea consult. Call 571-748-3730 and ask for Lyndsie.